

# Never the SAME: Self-Assessment Materializes Empowerment



Jarmichael R. Harris, MS, LCAS (He/Him)  
Director of Scholastic Recovery  
Addiction Professionals of NC

# ABOUT ME



- Founder/CEO of Engage Recovery
- Director of Scholastic Recovery at APNC
- Former Founding Program Coordinator of ECU's Collegiate Recovery Community
- Former Substance Use Counselor at PORT Health Services

# OBJECTIVES

- Attendees will identify the main components of the **Recovery Oriented System of Care**.
- Attendees will be able to assess the **barriers to accessing Recovery**.
- Attendees will identify the **cultural impact of SMART Recovery** and other pathways of recovery.

# #NEVERTHESAME



**“Now is the time  
for true courage.”  
- Bree Newsome**

# SELF-ASSESSMENT

*“The act or process of analyzing and evaluating oneself or one's actions.”*



# STORY OF “JOHNNY”



# BARRIERS TO RECOVERY

- Access
- Availability
- Attitudes

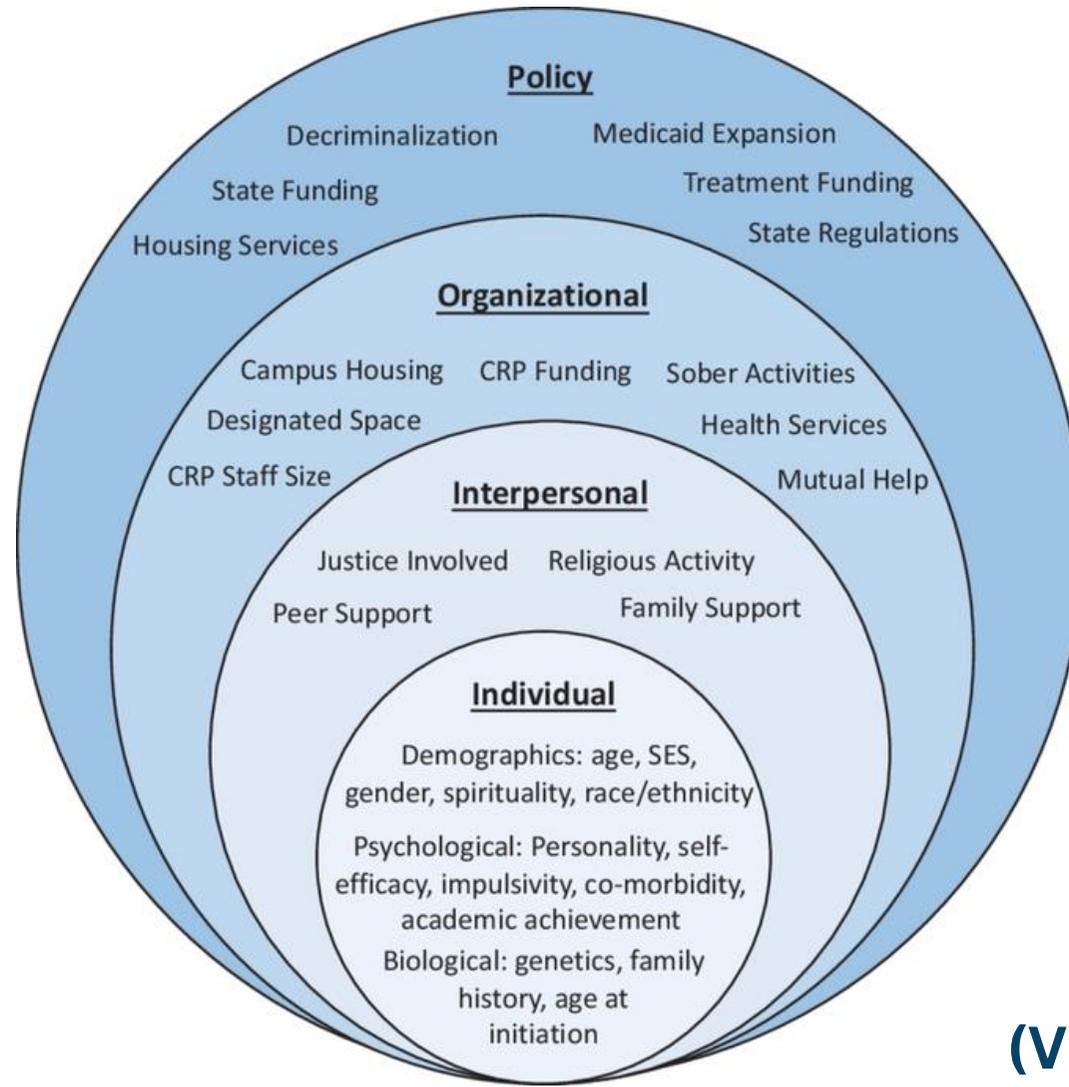
# THE HEALING FOREST

**“It's time we began  
to not just treat  
individual trees,  
but to begin to treat  
the soil as well.”**

**-Don Coyhis**

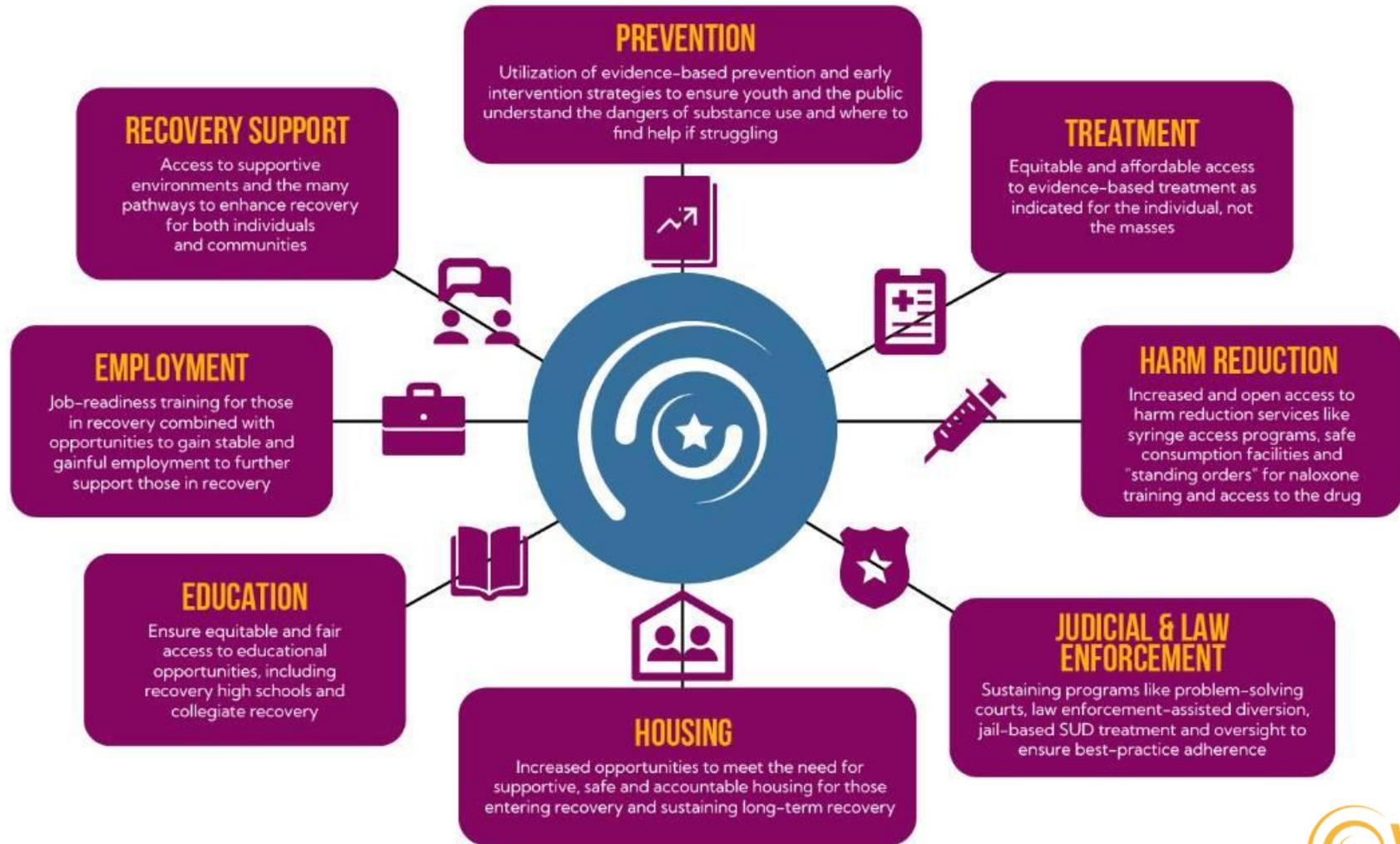


# THE HEALING FOREST

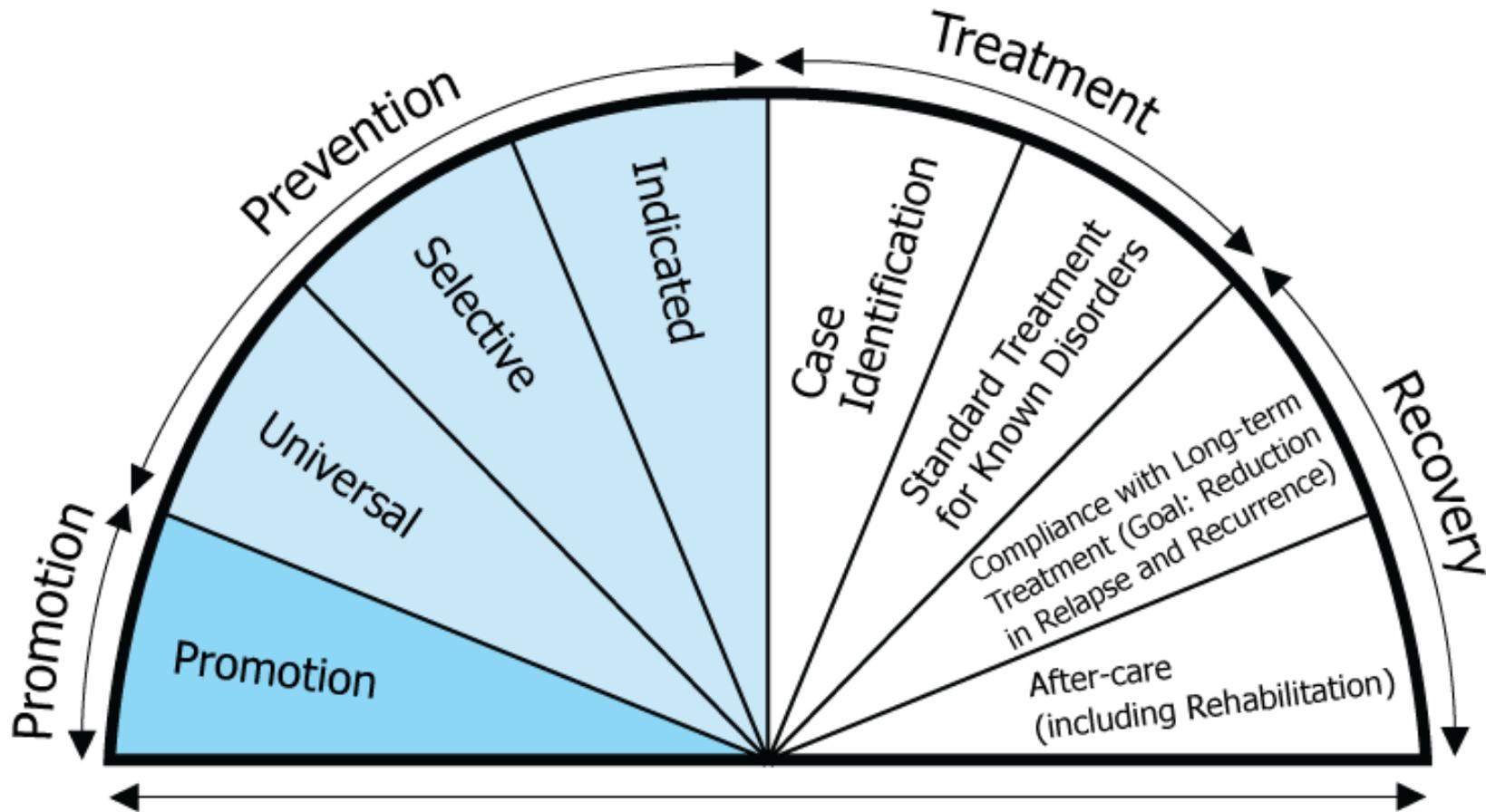


(Vest, et. al, 2022)

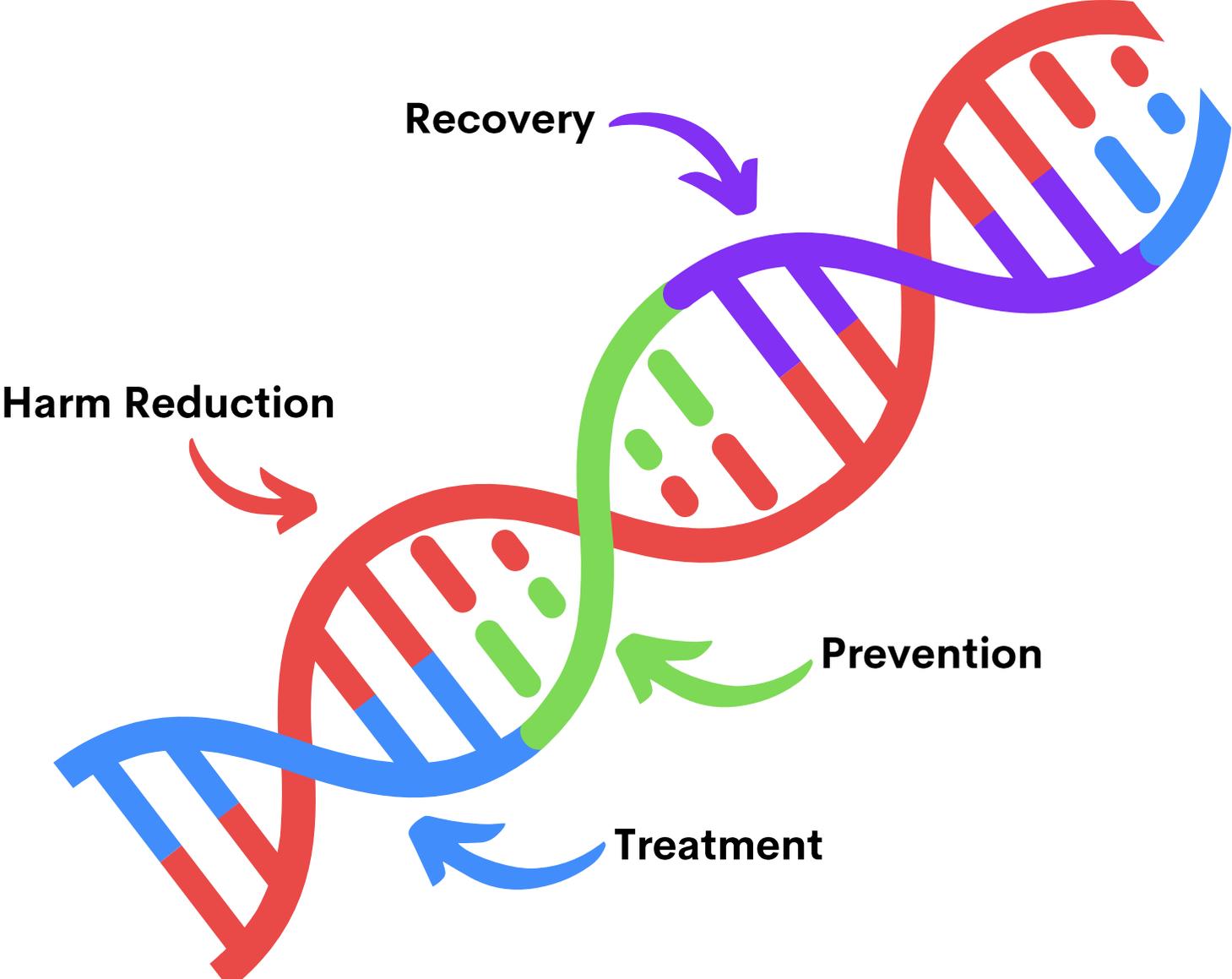
# THE HEALING FOREST



# THE CONTINUUM



# RETHINKING THE CONTINUUM



# RETHINKING RECOVERY

- Collaboration
- Compassion
- Courage



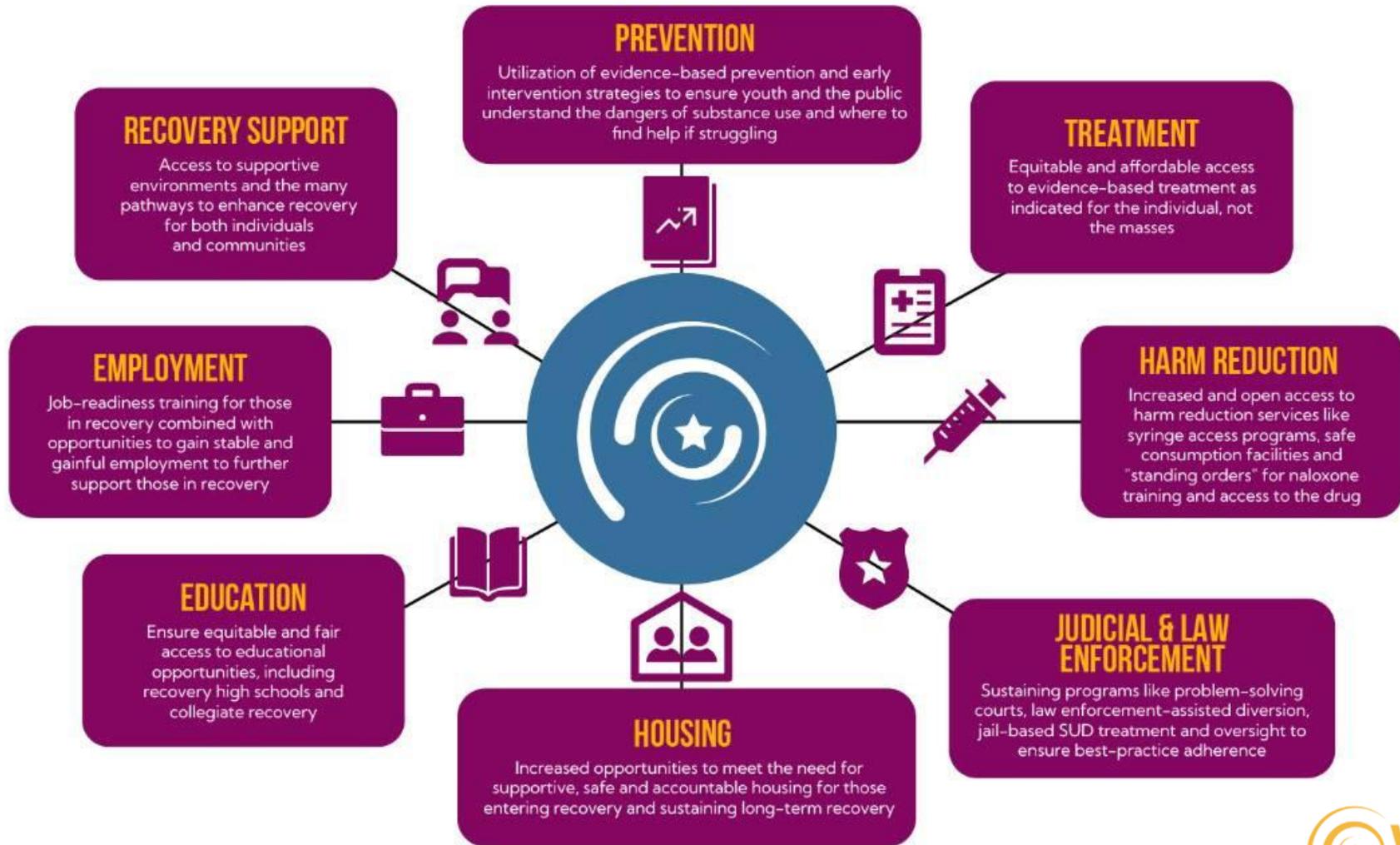
**SMART**  
Empowerment for All

# COLLABORATION

**“Collaboration is the key to transformation.”**



# COLLABORATION



# COMPASSION



**“My hope is that the current compassion movement for people with addiction will continue to grow, that people with active addiction will be as valued as people in long-term recovery.  
-Dr. Nzinga Harrison**

# COURAGE



**“Integrity is choosing  
courage over comfort.”**

**-Brene Brown**

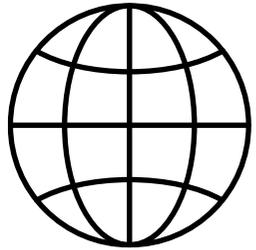
# #NEVERTHESAME

- Empowering Yourself
- Empowering Others
- Empowering the World

# QUESTIONS



[info@jarmichaelharris.com](mailto:info@jarmichaelharris.com)



[www.jarmichaelharris.com](http://www.jarmichaelharris.com)



[@jharris\\_engage](https://twitter.com/jharris_engage)